

# Consultations for Individuals with Dementia

The most difficult part of dealing with dementia is the challenging behaviors. Behavior therapy is the safest and most effective way to decrease those difficult behaviors, while maintaining independence. Interventions are prescribed by Board Certified Behavior Analysts.



## Services Include

- Behavior Assessment
- Detailed interventions to decrease challenging behavior – aggression, disruption, noncompliance, depression
- Strategies to increase independence with socialization, engagement, daily tasks
- In-home coaching
- Care management
- Monthly reviews
- Behavior tracking systems
- Team meetings

**Caregivers:**  
Practical and  
Easy to use Skills

**Residents:**  
Meet Goals  
Enjoy Life  
Maintain Independence

To book a consultation or for more information, contact  
Dr. Maranda Trahan with Abilities Behavioral Services at 618.713.3995