

Behavior Therapy For Memory Loss


DO YOU OR YOUR
LOVED ONE have

- Anxiety, Depression, Loneliness
- Difficulty Coping with a New Diagnosis or Grief
- Stressed from Caregiving





You Are NOT Alone


As we grow older, we commonly experience stress, loss, and decreased abilities. It is not unusual to feel sad or frustrated during this time. Fortunately, Abilities Behavioral Services is here to help! We provide assistance to individuals suffering from emotional and behavioral health challenges.

 Memory Loss For Seniors 60+

 Individualized Strategies Developed by Behavior Therapists

 Topics may include handling difficult scenarios, building routines, avoiding boredom, managing forgetfulness, increasing safety and organizational skills

 Medicaid eligible, long term care insurance, or private pay

 Weekly session, in YOUR OWN HOME

To Schedule An Appointment OR For More Information

Call (618) 566-4200 or (618) 713-3995

Email: Dr. Maranda Trahan, PhD BCBA-D at mtrahan@trinityservices.org